

Start your own vegetable garden (Part 3)

Tomatoes are grown in summer, because they are not resistant to frost in winter. There are many varieties of tomatoes – from very small cherry tomatoes that are good for salads, to larger tomatoes that can be yellow or red. Lately there are even brown and black tomatoes!

Tomatoes are a member of the potato family. For this reason it is very important that tomatoes are not planted with potatoes, as they may pick up diseases from potatoes. Also, do NOT plant tomatoes in soil where potatoes were grown during the previous season.

Prepare the soil

- Prepare the soil well in advance and mix in a lot of well-rotted manure or compost, especially if the soil is sandy.
- Tomatoes take four to five months to start bearing fruit. Sow the seeds as early as spring, to ensure that you will have tomatoes to pick in mid-summer.


Sowing and planting

- You can protect seedlings by first sowing the seeds in seed boxes and planting them out when they are approximately 15 cm high (after six weeks).
- Seeds can also be sown directly into the ground if you are not afraid of frost.
- Make the rows 1,2 metres from each other.
- Plant the seedlings 1,5 metres from each other.
- Water the seeds or seedlings immediately after planting them.
- Do not overwater your tomatoes and be sure to water early in the morning, before the sun becomes too hot.

Supporting tomatoes

- Once tomato plants become bigger, they have to be supported.
- If not supported, the plants will lie on the ground and the fruit will rot.
- Use a 2-metre long stake or stick to support each plant.
- Tie the plant to the stake with a piece of string.

Diseases

Tomatoes can suffer from a number of plant diseases such as blight, leaf spot and wilt. Look out for dark spots on leaves and yellowing leaves. Protect plants against nematodes (worms) by using an approved chemical in the ground before planting. 

Planting tomatoes

Sow at the beginning of spring to pick in mid-summer.

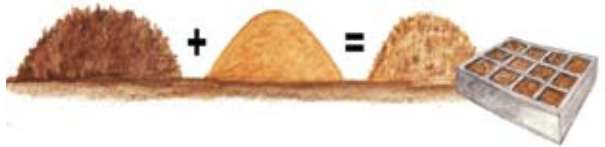
- Mix well-rotted manure or compost in sandy soil.
- Sow seeds in seed boxes or directly in the ground.
- Plant them out in rows after six weeks (15 cm high).
- Tie the plant to a 2-metre long stick with a piece of string.



Diseases: Nematodes (worms), blight, leaf spot and wilt.

Important

Do not plant tomatoes with potatoes, as they get the same diseases.



Plant tamaties

Saai aan die begin van die lente sodat jy teen middel-somer kan pluk.

- Meng goed verrotte mis of kompos met sanderige grond.
- Saai saad in saadhouders of direk in die grond.
- Plant die saailinge na ses weke uit in rye (as hulle 15 cm hoog is).
- Bind die plant met 'n stukkie tou aan 'n 2-meter lange stok vas.

Siektes: Nematodes (wurms), roes, blaarvlek en verwelksiekte.

Belangrik

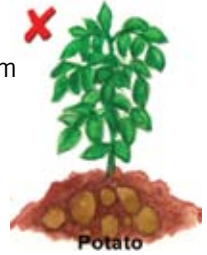
Moenie tamaties saam met aartappels plant nie, aangesien hulle dieselfde siektes kry.



Ukutshala utamatisi

Tshala ekuqaleni kwentwasahlobo ukuze uwuvune phakathi nehlobo.

- Xuba umanyolo ovunde kahle noma umquba nenhlabathi esasihlabathi.
- Tshala imbewu emabhokisini ezimbewu noma enhlabathini ngokuqondile.
- Wukhiphe uwutshale ngemigqa ngemva kwamasono ayisithupha (u-15 cm ukuphakama).
- Bophela isithombo ngentambo endukwini ende engamamitha amabili.



Izifo: I-nematodes (izibungu), isigoco, i-leaf spot ne-wilt.

Okubalulekile

Ungawutshali utamatisi namazambane, ngoba kuthola izifo ezifanayo.

Ukulima iitomato

Tyala xa kuqala intlakohlaza ukuze uvune phakathi ehlotyeni.

- Xuba kakuhle igwane elibolileyo okanye umgquba kumhlaba oyisanti.
- Lima imbewu kwiibhokisi zembewu okanye uyilime ngqo emhlabeni.
- Yilime ibe ziirowu emva kweeveki ezintandathu (kangange-15 cm ukuphakama).
- Bophelela isityalo kumhti obude buzimitha ezimbini ubude ngesijungqe somtya.



Izifo: I-Nematodes (iintshulube), ukutshaza, isisihla kunye nokubuna.

Okubalulekileyo

Musa ukutyala iitomato namazambane njengoko zinokufumana izifo ezifanayo.



Ho jala dimatatie

Jala mathwasong a selemo hore o tle o kotule mahareng a lehlabula.

- Tswaka manyolo a bodileng haholo kapa kompose mobung o santa.
- Lema dipeo mabokosong a dipeo kapa o hle o di leme fatshe mobung.
- Di ntshe o di jale ka mela kamora dibeke tse tsheletseng (bophahamo ba 15 cm)
- Faseletsa sejalo dithupeng tse bolelele ba dimitara tse 2 ka kgwele.

Mahloko

Nematodes (sesedi/diboko), ho senyeha (blight), matheba makaleng le ho pona.

Sa bohlokwa

O se ke wa lema ditamati le ditapole, ka ha di fumana mahloko a tshwanang. 