

In brief

During winter time the health and wellbeing of both humans and animals require a little extra care. *Ubisi Mail* readers get some more care in this edition, not only with a number of informative articles, we also indicate where articles can be cut out and filed for future reference, either in the *Dairy farming at your Fingertips* manual (available from the publisher) or in an own file.

Our articles this month include a contribution on HIV/Aids. The prevalence of this disease among farm workers is quite disconcerting.

In the colder weather, nutritious pasture is not always so readily available and the dairy herd needs additional feed to ensure that they take in enough of the right nutrients to keep their immune systems strong and their milk production at peak levels. For that reason, this issue focuses on various feed related aspects.

We look at the importance of water to animals and water-wise farming, and the effects of incorrect feeding on the behaviour, health and milk production of the dairy herd.

In preparation of spring and the next winter season, we look at important aspects of pasture and grazing, as well as the best ways in which to harvest feed in the form of hay and silage and preserve it so that it remains as nutritious as possible.

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