

# Washing made easy

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Washing clothes by hand is like making the perfect cup of tea. By following a few simple rules the end result can be so much better!

## Inspect the clothing

- Empty the pockets
- Mend tears and rips
- Close zippers, hooks and fasteners
- Check for stains.

## Sort the washing

By taking time to sort the clothing, you will find stains, locate damage and choose the right water temperature for the different fabrics. The labels located in the neck or back of the garment will show which cleaning methods are suggested by the manufacturer. Sort clothing according to groups:

- Wash dark colours together
- Wash whites together
- Wash colours that run separately or with clothes of the same colour
- Do not wash lightly soiled clothes with heavily soiled clothes
- Wash delicate items separately.



## Pre-treatment and stain removal

- The pre-treatment of stains is done before washing
- Rub the area with a wet bar of soap, liquid detergent or a paste made of washing powder and water
- Let it stand a few hours before washing.

## Soaps and detergents

All-purpose, heavy duty detergent does a good job of cleaning most clothes. Fine washables that are done by hand, require a gentler kind of detergent.

- Check whether there are instructions about detergent type. Liquids dissolve quickly and don't contain bleach
- Make sure the washing powder has completely dissolved before adding the clothes
- Add the clothes to the water
- Wash the clothes with your hands for a minute or two, then rinse two or three times
- If you have damaged or sensitive skin, you should avoid prolonged contact with the wash solution and always rinse and dry your hands after use. **UM**