






# Take care

## when you wash your laundry

If you take care when you do your laundry, your things will last much longer. You will also save money because sometimes you use less washing powder and bleach. Sometimes you even save electricity. The same is true for any laundry you do in the workplace.

Here are the labels and what they mean:

	Hand wash only
	Cold wash (Maximum 30° C). Ordinary cold water is fine
	Warm wash
	Hot wash
	Do not iron
	Cool iron (acrylic, nylon, polyester). The label will tell you what material it is
	Warm iron (Viscose, poly blends, wool)
	Hot iron (Cotton and linen)
	Do not dry clean
	Do not bleach
	Do not tumble dry

There is a trick to doing any laundry and that is to read the label. Nearly every piece of laundry has a label with a little picture on it. Often there is more than one picture on a single item. These labels are called Wash Care Labels. These labels tell you about washing the laundry and also ironing it. They also tell you if you must take any item of laundry for dry cleaning. Take time to look at the labels even if you hand-wash your clothes.

It also works the other way round. If you know what kind of material you have, then you can work out how to handle it in the laundry.

Place the different types of fabric in different bags or piles, then wash each lot in the way that it right for that type of material. **UM**